

INSPIRATION. COLLABORATION. INNOVATION.

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# **InSightful News**

INSIDE THIS EDITION FAMILY FUNDRAISER DONATE LIFE MONTH RESEARCH DIVISION

## HIGH SCHOOL SENIOR RAISES \$2,500 FOR MIRACLES IN SIGHT

Justice Sheaffer, a Senior at Mifflin County High School, was able to raise \$2,500 by organizing a spaghetti dinner fundraiser to bring awareness for #MiraclesInSight. Honoring her late uncle who donated his corneas in 2004, Sheaffer wanted to dedicate her senior project to something personally impactful. We're so grateful for her dedication to "Creating Miracles with Each Bite" and her commitment to raising awareness for cornea donations. Read the full article here.



## April is Donate Life Month

Celebrate your facility's eye donors during Donate Life Month 2023! Follow Miracles In Sight on socials to see stories about eye donors and recipients as well as join in our celebration. Contact your <u>Professional</u> <u>Development Specialist</u> for assistance in planning your facility's events.

### Eye Care Changes

Miracles In Sight has recently updated the eye care recommendations to include best practices for caring for the eyes of sedated or unconscious patients. These recommendations aim to prevent dryness, infection, and injury to the eyes of these vulnerable patients. To help staff implement these recommendations, Miracles In Sight has created new quick reference guides and badge buddies that provide easy access to the information. Contact your <u>Professional Development Specialist</u> to receive this information and learn more.





## A Study of Eye Care

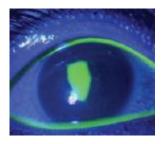
A 2018 <u>study</u> showed that 20-42% of patients in the intensive care population develop ocular surface disease. Many critically ill patients are sedated, which according to another <u>study</u>, decreases blink rate and predisposes the ocular surface to excessive exposure and drying. This can lead to corneal blindness and injuries pictured right.

Miracles In Sight's new guidelines help protect the patient's eyes by preventing exposure and dryness. These are simple steps that can be taken to help protect your patients eyes.

- Treat with water soluble ophthalmic ointment or saline solution
- Rinse every 4-6 hours
- Ensure eyelids are fully closed
- Cover eyes when suctioning
- Keep the face clean



Eye showing corneal abrasion (Top). Eye showing corneal abrasion stained with fluorescein under blue light.



#### **RESEARCH DIVISION**

Miracles In Sight has expanded the depth of our commitment to eye research. We've added a Research Division to our research initiatives. This is a huge step forward for us and for our mission to restore sight and prevent blindness.

The Research Division aims to provide more donation opportunities to meet the specific needs of our research partners. These efforts will manifest in gaining a better understanding of genetics, cell therapies, and regenerative medicine that could result in new drug and surgical options to help those with eye disease, injury, and vision impairment. We believe that by supporting cutting-edge research, we can make a lasting impact on the lives of millions of people around the world.

The Research Division will be led by Nicole Dearmon as the new Donor Center Research Supervisor. Nicole has extensive experience in eye banking and research. She is passionate about advancing eye research and ensuring quality and safety standards for our donors and recipients. We are confident that under her leadership, the Research Division will achieve great milestones. If you have any questions or want to learn more please reach out to us at research@miraclesinsight.org.





### DONATE LIFE MONTH 2023

	<b>SUN</b> 26	<b>MON</b> 27	<b>tue</b> 28	<b>WED</b> 29	<b>THU</b> 30	MON FRI 31	SAT 1	4
*	2	3	4	Donate Life Living Donor Day	6	7	Spirit Week 8 Volunteer Appreciation Day	
	9 Create Donate Life Rocks	10 Donate Life Flag Raising Day	11 Send a Message of Hope & Thanks	12 Thank Your Healthcare Heroes!	Donate Life Chalk	14 National Donate Life Blue & Green Day	15	
	16	17 () ()	18	19	20	21	22	
	National 23 Pediatrio 23 Transplant Week (April 23-29)	24	25	26	27	28	29	
No Mar	$\square$	Learn m	ore and re	gister today	/ at <b>Donate</b>	eLife.net.		



Contact your <u>Professional Development Specialist</u> to schedule an event at your facility! Creators: Alonda Kentris and Abbi Mason



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